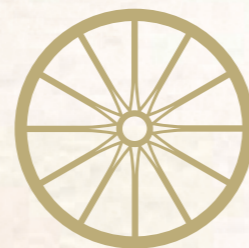




**GEORGE & PILGRIMS**



**THE  
COACHING  
INN GROUP**

[www.georgeandpilgrims.com](http://www.georgeandpilgrims.com)

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## While You Wait

<b>Fire Red Pepper Hummus</b> (ve).....	6.00
flaked almonds, coriander oil (G, SE, SD, N/F, P, S, E, D, MU) 716 kcal	
<b>House Bread</b> (v).....	7.95
olive oil, salted butter (G, D, SE, SD/N, S, E, MU) 882 kcal	
<b>Mini Chorizo</b> (gf).....	7.95
hot honey glaze 551 kcal	
<b>Grilled Padron Peppers</b> (ve, gf).....	4.75
tossed in olive oil 191 kcal	

## Starters

<b>Chef's Soup of the Season</b> (v, veo, gfo).....	6.50
home-made focaccia <i>please ask for allergens &amp; calories</i>	
<b>Chicken Liver Pâté</b> .....	8.95
apple & mint chutney, almond crumb, charred sourdough (G, N, D, SE, SD/P, CE, MU) 599 kcal	
<b>Hot Smoked Salmon</b> (gf).....	8.95
horseradish cream, capers (F, E, D, MU, SD) 422 kcal	
<b>Carrot &amp; Courgette Bhaji</b> (v, ve, gf).....	6.50
coconut raita (S, MU/G, L, N, CE, SE, SD) 181 kcal	
<b>Mushrooms on Toast</b> (veo).....	8.95
poached egg (S, E, D, G) 605 kcal	

### Chef's Message

**Head Chef Paulo and the kitchen team** are passionate about what they do. They take pride in sourcing the finest local ingredients while also seeking out the best seasonal produce from further afield. Every dish is cooked fresh to order, so if you're short on time, just let us know.

## Main Courses

<b>Fish &amp; Chips</b> (gf).....	14.95/16.95
beer-battered haddock, chunky chips, mushy peas, tartare sauce, lemon (F, E, MU, SD/CE) 593kcal / 668 kcal	
<b>Pie of the Day</b> .....	16.95
chunky chips or creamy mash, seasons best vegetables and gravy <i>ask for allergens &amp; calories</i>	
<b>Chicken Supreme</b> (gf).....	19.95
fondant potato, pea purée, French peas, mint jus gras (D, CE, SD/MU) 1029 kcal	
<b>Smoked Duck Caesar Salad</b> (gfo).....	16.50
tempura anchovies (G, F, E, D, SE/N, MU, SD) 586 kcal	
<b>Poke Bowl</b> (v, ve, gf).....	14.50
rice, pickled red cabbage, grated carrot, edamame beans, pak choi, radish & avocado, soy & ginger dressing (S, SD) 357 kcal	
<b>add</b> pulled beef (CE, SD) 261 kcal 2.50	
<b>add</b> hot smoked salmon (F) 157 kcal 2.50	
<b>add</b> smoked duck breast 110 kcal 2.50	
<b>Pan-fried Sea Bass</b> (gf).....	19.95
hasselback potatoes, Provençal vegetables, herb oil, pickled fennel (F, SD/CE, MU) 560 kcal	

## Sandwiches

white or wholemeal bloomer, dressed leaves, Pipers crisps (gfo)

<b>Buttermilk Chicken Caesar Wrap</b> .....	11.95
(G, E, D, CE, MU/L) 781 kcal	
<b>Tuna Mayonnaise &amp; Cucumber</b> (gfo).....	7.95
(G, F, E, D, MU/S, L, CE) 598 kcal	
<b>Treacle-glazed Ham &amp; Tomato Doorstop</b> (gfo).....	8.95
thick cut bloomer, Dijon mayo (G, E, D, MU, SD/L, S, CE) 631 kcal	
<b>Fish Finger Butty</b> (gfo).....	11.95
(G, F, E, D, MU/L, CE) 646 kcal	
<b>Three Cheese &amp; Chive Savoury Doorstop</b> (gfo).....	9.95
thick cut bloomer (G, E, D, MU, SD/L, S, CE) 838 kcal	
<b>Poke Burrito</b> (v, ve).....	9.95
rice, pickled veg, avocado, soy & ginger dressing (G, S, MU, SD/CE) 596 kcal	
<b>add</b> BBQ jackfruit (MU/SD) 134 kcal 3.95	

<b>The Bulldog Hotdog</b> .....	14.95
smoked bratwurst sausage, topped with pulled beef, crispy onions, garlic mayo, French's mustard, skin-on fries, slaw (G, E, CE, MU, SD/S, D) 841 kcal	
<b>The Coachman's Hotdog</b> .....	14.95
smoked chicken bratwurst, BBQ sauce, melted cheese, bacon crumb, crispy onions, skin-on fries, slaw (G, E, D, MU/S) 714 kcal	
<b>6oz Grilled Beef Chuck &amp; Short Rib Burger</b> .....	16.95
Monterey Jack, smoked bacon, brioche bun, lettuce, beef tomato, burger relish, slaw, skin-on fries (G, E, D, MU, SD) 1142 kcal	
<b>Vegan Meatball Tagliatelle</b> (v, ve).....	16.95
tomato and Mediterranean vegetables (G, S/E, CE, MU) 540 kcal	
<b>Crisp Minced Onion &amp; Stout Vegan Pie</b> (ve).....	17.00
creamed potato or chunky chips, seasonal vegetables red wine gravy (G, S, SD/CE) 512 kcal	
<b>Spicy Bean Burger</b> (ve, gfo).....	16.95
spicy bean patty, brioche bun, burger relish, lettuce, skin on fries (MU, SD, G/SE) 619 kcal	

## Desserts

<b>Sticky Toffee</b> (v).....	6.95
toffee sauce, clotted cream ice cream (G, E, D/S) 920kcal	
<b>Apple &amp; Rhubarb Crumble</b> (v, veo, gf).....	7.50
custard, clotted cream ice cream (D/S) 444 kcal	
<b>Knickerbocker Glory</b> (v, gfo).....	8.50
clotted cream ice cream, whipped cream, cherry & berry compote, glacé cherries, classic wafer (G, S, E, D) 1168 kcal	
<b>Ice Cream Sandwich</b> (v).....	7.95
double chocolate cookie, vanilla ice cream, salted caramel sauce, chocolate soil (G, S, E, D, SD/N) 850 kcal	
<b>Lemon Meringue Cheesecake</b> (v).....	7.50
raspberry sorbet (G, E, D, SD) 850 kcal	
<b>Indulgent Chocolate Pot</b> (ve).....	9.50
pistachio swirl, chilli chocolate soil (N, S) 333 kcal	

## Brunch

Served Monday – Saturday until 2pm  
Sunday until 11.45am

<b>Full English Breakfast</b> .....	13.50
sausage, bacon, mushroom, hash brown, eggs, black pudding, baked beans, slow-roasted tomato (G, E, D, SD) 817 kcal	
<b>Vegan Breakfast</b> (ve, gfo).....	12.50
vegan sausage, spinach, tomato, hash brown, baked beans (G, S, CE) 391kcal	
<b>Eggs Benedict</b> (gfo).....	10.95
toasted English muffin, bacon, poached eggs, hollandaise (G, E, D/S, MU, CE) 668 kcal	
<b>Hot Smoked Salmon &amp; Spinach Hash</b> (gf).....	11.95
poached egg (F, E) 595 kcal	
<b>Avocado on Toast</b> (v, ve, gfo).....	10.95
smashed avocado, toasted sourdough, sun-dried tomatoes, toasted almonds (G, SE, N/P, CE, MU, SD) 459 kcal	
<b>add</b> brace of poached eggs (E) 53 kcal with our compliments	

## Sides

<b>Chunky Chips</b> (v, ve, gf) herb salt (SD/CE) 316 kcal.....	4.50
<b>Skinny Fries</b> (v, ve, gf) herb salt 396 kcal.....	4.50
<b>Simple Salad</b> (v, veo, gf).....	4.95
olives, radicchio, gem lettuce, cherry tomatoes, red onion (D/CE, SD) 60 kcal	
<b>Buttered Seasonal Greens</b> (v, gf) (D) 109 kcal.....	4.50
<b>Crispy Onion Petals</b> (v, ve, gf).....	4.95
garlic mayonnaise 363 kcal	
<b>Halloumi Fries</b> (v, gf).....	5.95
smoked paprika mayonnaise (E, D, MU) 655 kcal	
<b>Grilled Baby Gem Lettuce</b> (gf).....	4.50
blue cheese dressing, bacon crumb (E, D, MU) 258 kcal	

**Invisible Chips**..... 2.00  
0% FAT, 100% HOSPITALITY

Hospitality  
Action



All proceeds from Invisible Chips go to Hospitality Action, who offer help and support to people in Hospitality in times of crisis. Thanks for chipping in! Scan this code for more information or visit [hospitalityaction.org.uk](http://hospitalityaction.org.uk)



v (vo): Vegetarian (on request) ve (veo): Vegan (on request) gf (gfo): Gluten-Free (on request)

If you have a food allergy, intolerance or sensitivity, please speak to your server before ordering your meal. Please be aware our kitchens contain allergens of all kinds so we therefore cannot guarantee that any one dish can be free of all traces of any allergen. Items cooked within our fryers and ovens cannot be separated from allergenic ingredients and cross contamination may occur.

Allergens (Contains / May Contain): C: Crustaceans • CE: Celery • D: Dairy • E: Eggs • F: Fish • P: Peanuts G: Gluten • L: Lupin • N: Nuts • MO: Molluscs • MU: Mustard • S: Soya • SD: Sulphur dioxide • SE: Sesame seeds

We add a discretionary 10% service charge on all our food items. 100% of all gratuities go directly to our team members. Please let your server know if you wish to remove this element.